

Inspirational **YOU**
presents

*Inspirational YOU is a
not-for-profit organisation.*

time
12pm-6pm Saturday 25th June 2011

venue
London South Bank University,
London Road Building, London Road,
SE1 6LN

tickets
inspirationalyou4.eventbrite.com

info
bookings@inspirationalyou.co.uk

stalls and exhibitors bookings
Nicola@inspirationalyou.co.uk
07545 156 111

web
www.inspirationalyou.co.uk
[Twitter.com/inspirational_u](https://twitter.com/inspirational_u)

supported by



LONDON SOUTH BANK UNIVERSITY
SATURDAY 25 JUNE 2011

TIME TO RAISE THE BAR

Inspirational YOU has fast become one of London's must-attend events for those seeking to learn, network, promote and up skill themselves in a positive and professional environment.

This day is ideal for:

- Social entrepreneurs
- students
- business leaders
- those in law
- fashion
- PR
- marketing
- publishing
- photography
- aspiring entrepreneurs
- or those who want to get ahead.

This is a unique opportunity to attend *seminar's led by leaders from that industry.* Come and hear about their journeys, learn how to push forward your ideas and simply get ahead.

Come along and purchase *exclusive items from a range of ethical traders and independent designers* selling, accessories, books, jewellery, stationary and homeware.

Book to see the charity fashion show.

This event will be filmed.

Inspirational **YOU**

presents

TIME TO RAISE THE BAR

time

12pm-6pm Saturday 25th June 2011

venue

London South Bank University,
London Road Building, London Road,
SE1 6LN

tickets

inspirationalyou4.eventbrite.com

info

bookings@inspirationalyou.co.uk

stalls and exhibitors bookings

Nicola@inspirationalyou.co.uk

07545 156 111

web

www.inspirationalyou.co.uk

[Twitter.com/inspirational_u](https://twitter.com/inspirational_u)

supported by



Promoting
bone marrow &
blood donation



YOUNG BLACK & SUCCESSFUL



designtwothreeeven

JUNE 2011 WORKSHOPS

The power of NOW - This workshop is about taking a practical and realistic look at how we can derive the full benefit of what life is offering us 'now' rather than living entirely in a 'tomorrow'.
www.ayodeleolusanya.com

Setting up an online business for less than £50

Founder of www.motherswhowork.co.uk - Joycelyn Akuffo

The benefits of further education and the tips to get a top class degree - LSBU

I am not void because I am unemployed - Tips and advice for those facing or have recently been made redundant or are seeking a new career. Learn how to tap into the leader in YOU - Dionne Edwards (Director at Get On And Live - Master NLP Coach, Mentor and Motivational Speaker)

I am young and I am winning - TJ Morgan (Founder and Editor of Nupe Online E-zine), Kyla Frye (award winning actress and model - www.kyla-frye.com), Joanna Abeyie (freelance journalist and founder of Shine Media) and Nathan Ghann (Top Ten Black graduates of 2010). Hosted by Richard Kuti (Founder of YBS & Head of LSBU Student Union)

Working with the media - Hosted by www.motherswhowork.co.uk

- How to get free media coverage, particularly in print.
- How to write a press release that journalists will read
- Who to send it to in the first place
- How to find journalist details etc.

How to get into law and succeed - Learn from some of the UK's legal professionals - Hosted by Garry Green (Barrister), Courtenay Griffiths QC (Garden court chambers), Hala Mustafa (Barrister at 4 Brick court) and Matthew Ryder QC (Matrix Chambers)

Inspirational YOUTH - Meet 4 amazingly talented under 16's

Fashion show (20 mins) and **workshop** (30 mins) - Led by Denise Brown (fashion designer and trainer), Nina Malone (model / choreographer), Joy Odunsi (Director & Senior Stylist at www.potential-u.co.uk/blog/) and Sinem Bilen-Onabanjo (Editor-in-chief, Fab Magazine)

Leading ladies - Sophia A Jackson (Editor/ co-founder - Lime magazine & Editor/founder - Afridziak Theatre News), Jodie Dalmeda (Head of Media & Artist Management at Virgin Unite), Catherine Dhegbo (Luxury PR specialist), Linda Asafo-Agyei (VP at Barclay Wealth), Nina Malone (Model / Choreographer), Teneka Campbell (Floor Manager at ITN) and Sinem Bilen-Onabanjo (Editor-in-chief, Fab Magazine)

What do men REALLY think? - Tips on how to break the glass ceiling and how they support. Matthew Ryder (QC), Kevin Bennett (Entrepreneur) and Alphege Bell (Barrister), Paul Hampartousmian (Celebrity photographer) and Olu Alake (President of 100 BMOL). Hosted by Garry Green (Barrister)